

2026 Young Women Camp

PACKING LIST

Please label your belongings and store liquids in Ziploc bags. A Rubbermaid tub makes a great camp suitcase. Activities will include swimming, hiking, and other outdoor experiences. Please plan and pack accordingly!

Clothing

- Swimsuit
- T-Shirts (4-5)
- Shorts or Capris (3-5)
- Long pant (2+)
- Pajamas (3-4)
- Socks and adequate underclothing
- Rain jacket or poncho
- Sturdy, comfortable walking shoes (x2)
- Water shoes/sturdy sandals for creek/shower
- Hat with brim (to avoid sun and ticks)

Bedding

- Pillow
- **THICK SLEEPING PAD**
- Sleeping bag
- Blanket
- Any other bedding items you regularly use

Personal Items

- Tick/mosquito repellent
- Sunscreen and lotion
- Aloe vera
- Wash cloth
- Beach towel/bath towel
- Toothbrush and toothpaste
- Body wash & face wash
- Deodorant
- Shampoo & Conditioner
- Comb/brush/hair ties
- Chapstick
- Baby Wipes and/or Tissues
- Hand sanitizer
- Medication
- Feminine Hygiene products

General Items

- **Sack Lunch for first day**
- Small backpack
- Scriptures (in gallon Ziploc bag)
- Journal, pen and colored pencils
- Refillable water bottle
- Flashlight
- Folding camping chair
- Pocket first aid kit (band aids/antibiotic ointment)
- Watch (optional)
- Battery operated lantern (optional)

No extra food or snacks will be allowed at camp this year. Please see next page for details.

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PACKING LIST CONTINUED- **PLEASE READ IMPORTANT INFORMATION!!**

Clothing

Please make sure your daughters pack and wear clothing that is appropriate for the weather. It is a good idea to check the weather for the week ahead of time to make sure you are packing enough clothes in case of unexpected rain, colder weather than anticipated, or clothing that might accidentally get extra dirty. Your daughter may also want to play in the creek and that will **REQUIRE WATER SHOES** (crocs, water slippers, etc). Flip flops can be washed off of feet easily, so something more sturdy will be required.

Bedding

All young women will be **sleeping on plywood bunk beds with no mattresses**. They will **need to bring a thick sleeping pad or a small twin blow up mattress** to sleep on. Please note that none of the cabins have electricity, so if they do blow up an air mattress, they will need to pack a battery powered pump to do so. A pillow, blanket, sleeping bag and any other regular sleeping items are also required.

Personal Items

In the past, pests have been a problem at Bear Creek. Mice and racoons have broken into cabins while girls have been in them and have gotten into the young women's things. The Missionary couple who runs the camp now has done a phenomal job getting rid of all the pests, and they haven't had ANY issues with them the past two years.

In order to continue this trend, we have been asked to insititue the following rules:

- 1. There will be no food allowed in the cabins at camp, and this includes all snacks. IF snacks are brought to camp, they will be kept in either the lodge or a vehicle and not in the cabin. We will provide the young women with ample food during the day to keep them full and energized.**
- 2. The missionary couple who runs camp has also asked that young women try and bring toiletry items (lotions, chap stick, hair care, etc.) that are unscented if possible.**